It is important to check yourself for ticks every day if you have been out in the woods or outdoors anywhere where ticks are known to be present.

Ticks like certain parts of a human body more than others. We are not sure why these are more attractive to ticks, but we have some guesses! These body parts tend to be moist, a bit warmer than other areas, and there are folds of skin that make it easier for a tick to embed itself.

Using the outline below, label where you are most likely to find a tick on your body when you shower off after a day outdoors:

**Remember—tick check every day!!!**

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**Self-Examination Body Chart**

Please use the following charts to label where you are most likely to find a tick.